



STYLE WITH A MODERN TAKE ON INDIAN CUISINE. ENCOURAGE GUESTS TO DON A TOUCH OF PAISLEY.





# 

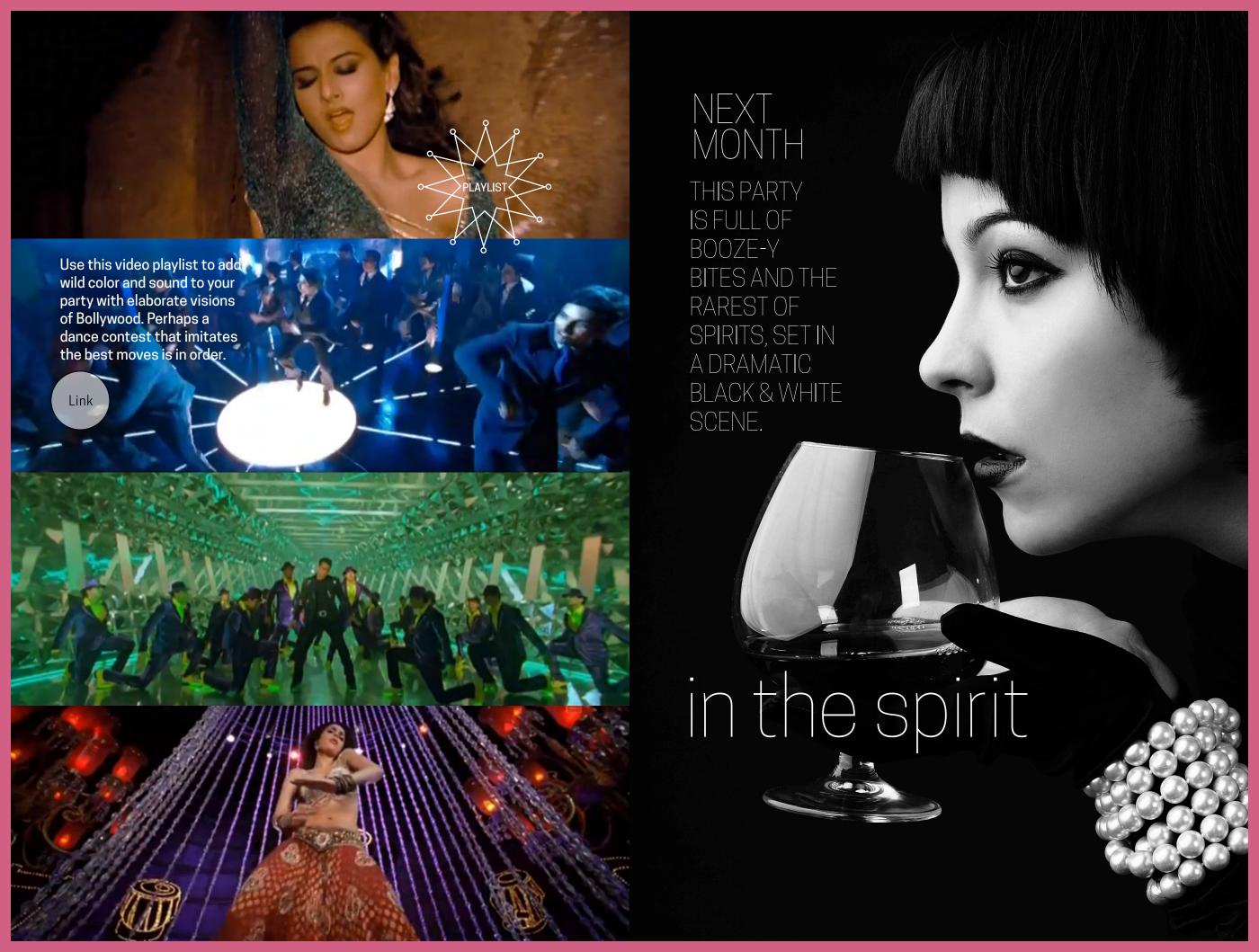
THIS MENU PACKAGES INDIAN FLAVORS IN DELIGHTFUL, UNEXPECTED WAYS.













shopping list
big bunch of mint
Breuckelen gin
almond milk
Bulleit Bourbon

date molasses

## IT'S A DATE

#### INFUSE THE GIN

big bunch of mint

1 bottle Breuckelen gin

In a pitcher, submerge mint on stalks into the gin. Cover, refrigerate 24 hours. Remove mint.

#### MAKE THE COCKTAIL

3 oz mint-infused gin 3 oz almond milk 1 oz Bulleit Bourbon ½ oz date molasses mint leaves Place all the ingredients in a shaker, stir with ice. Strain into a stemmed wine glass or coup glass. Float a couple of mint leaves for garnish.

<< **BACK** 



For those not interested in a cocktail, offer the gin as shots with a refreshing slice of clementine.

This drink looks and goes down like a milkshake, but be forewarned, it is potent. Adding a big bunch of mint to gin, gives it super flavor plus the light green tone.

MAKES ONE COCKTAIL







basmati rice coconut-canola oil chickpea-fava flour chili powder cayenne salt cauliflower coconut oil carrots large yellow squash 3 jalapeños ginger garlic black pepper 3 scallions coriander cumin turmeric 12 clementines

slivered almonds

### INDIAN SPICED RICE IN CLEMENTINE CUPS

#### **COOK THE RICE**

1 ½ CUPS basmati rice

2 1/4 CUPS water

1 ½ TB coconut-canola oil

Put all the ingredients in a pot. Bring to a boil, then simmer covered for 15 min. Turn off heat and let rice steam for 10 min more, with cover on. Fluff rice with a fork.

#### FRY THE CAULIFLOWER

1/4 CUP chickpea-fava flour

1 tsp chill powder

½ tsp cayenne

½ tsp salt

 $\ensuremath{\frac{1}{2}}$  head cauliflower, cut into tiny florets

coconut oil

Mix dry ingredients, toss cauliflower florets in to coat. Heat about 1/4 inch of oil in a large skillet, drop the cauliflower in, do not overcrowd, allow to brown, about 3 min. Remove and drain on paper towels. Sprinkle with salt, set aside.

#### SAUTE THE VEGGIES

4 TB coconut oil

3 carrots, shredded

1 large yellow squash, shredded

3 jalapeños, diced

1-inch piece of ginger, shredded

2 cloves garlic, finely chopped

1 tsp salt

½ tsp black pepper

3 scallions, cut into thin strips

Heat oil in a large skillet, add carrots, cook for 3 min. Add zucchini, jalapeños, ginger, garlic, s + p, saute for 5 min more. Add scallions, cook another minute or so. Turn off heat, keeping it in the pan.

RECIPE CONTINUES >>

This hearty vegan dish has an addictive quality-with its fresh medley of vegetables and savory spices. Serving the dish in the cups ups the cuteness factor.

**MAKES 24 BOWLS** 











#### TOAST THE SPICES

2 TB coriander 2 TB cumin

1 TB chili powder
1 tsp turmeric

In a separate pan, toast spices for a minute. Add to the vegetable mix.

#### MAKE THE CLEMENTINE BOWLS

12 clementines, cut in half

Remove the fruit from the oranges, by cutting around the edge of the peel, and scooping out the flesh.

#### **PUT IT ALL TOGETHER**

cooked basmati
cauliflower florets
vegetable mix
orange bowls
slivered almonds, for garnish

Combine rice and cauliflower with the vegetables. Fill each orange bowl with the rice mixture and garnish with slivered almonds.

<< BACK

This recipe may seem long, but it comes together quite simply.





2 ½ LB chicken breasts

1 CUP yogurt

ginger

chili powder

ground coriander

garlic

salt

1 lemon

skewers

Ginger Chutney (see recipe on following page)



## **CHICKEN TIKKA WITH GINGER CHUTNEY**

PREPARE THE CHICKEN

2 ½ LB chicken breasts

Trim chicken, and cut into bite-size cubes.

MAKE THE MARINADE

1 CUP yogurt

1/2-inch pc ginger, grated

½ tsp chili powder

½ tsp ground coriander

2 cloves garlic, crushed in garlic press

½ tsp salt

juice from ½ lemon

Mix all ingredients together in a large bowl. Add chicken and marinate at least 1 hr in the refrigerator.

MAKE THE KEBABS

skewers

Thread chicken cubes onto the skewers and place on a baking pan under broiler for 5 min, flip, broil another 3 min. Remove chicken from skewers.

TO SERVE

mint leaves, for garnish fancy toothpicks chicken bites ginger chutney Take a mint leaf, top each chicken bite, skewer with toothpick. Put the ginger chutney in a bowl, and set the chicken bites inside.

<< **BACK** 

The yogurt marinade makes the chicken bites extremely tender and tasty. Paired with the chutney gives it real character. Alternate plating idea: put 2 skewered chicken bites into a small glass, with the chutney at the bottom.

**MAKES 66 BITES** 





4 lemons turbinado sugar

9 oz ginger (a very large piece—see photo above)

1 CUP golden raisins garlic

pine nuts

4 medjool dates

salt

## **GINGER CHUTNEY**

#### **GET OUT THE FOOD PROCESSOR**

juice from 4 lemons

3 TB turbinado sugar

9 oz ginger, cut into chunks

1 CUP golden raisins

2 cloves garlic, minced

3 TB pine nuts

4 medjool dates, cut into chunks

1 tsp salt

Put everything in a food processor, blend until smooth.

<< BACK

Create this chutney the day of the party. You will be using lots of ginger, so be sure to get a nice big piece.

MAKES ABOUT 1.5 CUPS







1 ½ CUPS yellow split peas

turmeric

2 lemons

2 jalapeños

ground cumin

ground coriander

salt

cayenne

plain yogurt

oregano

## CHILLED SPLIT PEA SOUP

#### **COOK THE SPLIT PEAS**

1 ½ CUPS yellow split peas, checked for grit, rinsed 5 ½ CUPS water

½ tsp turmeric

Place ingredients in a large pot, bring to a boil. Lower heat, simmer for 2 hrs covered.

#### **GET OUT THE FOOD PROCESSOR**

cooked split peas, slightly cooled

juice from 2 lemons

2 jalapeños, finely chopped

1 ½ tsp ground cumin

1½ tsp ground coriander

2 tsp salt

½ tsp cayenne

Blend ingredients together, until smooth. Cover and refrigerate.

#### TO SERVE

plain yogurt oregano sprigs

Pour chilled soup into small bowls. Garnish with a spiral of yogurt, and oregano sprig.

<< BACK

This is a hearty, lively soup that will look gorgeous on the table. Leave off the yogurt at the end for any vegans in the crowd.

MAKES ABOUT 1.25 QUARTS





coconut-canola oil

ginger

garlic

ground cumin

tamarind paste

cayenne pepper

turmeric

all purpose flour

salt

lemon

pistachio oil

1 LB frozen shrimp (26-30 count)

date molasses

## SHRIMP IN TAMARIND GLAZE

#### **MAKE THE GLAZE**

2 TB coconut-canola oil

1-inch pc ginger, minced

2 cloves garlic, pressed in a garlic press

1 tsp ground cumin

1 TB tamarind paste

½ tsp cayenne pepper

½ tsp turmeric

1 TB all purpose flour

½ tsp salt

Juice of 1 lemon

1 tsp pistachio oil

1 LB frozen shrimp (26-30 count), defrosted, peeled, tails removed

Mix all ingredients for glaze in a bowl, add shrimp, and coat each piece in the marinade. Cover and refrigerate for at least one hour.

#### **COOK THE SHRIMP**

3 TB coconut-canola oil

1 TB date molasses

1 TB tamarind paste

exotic lettuce leaf

Remove shrimp from the marinade. Heat oil in a large saucepan over medium heat. Cook shrimp for 1.5 min each side. In a small bowl, combine the date molasses and tamarind paste. To serve, put each shrimp on lettuce leaf and drizzle with the molasses/tamarind mix.

<< BACK

Shrimp is marinated in the Tamarind Glaze, then drizzled with a tamarind-date molasses mix. This tangy mix works as a marinade, and glaze or sauce with many things: like grilled steak, pork, or chicken; roasted squash or carrots; or as a dip for egg rolls, or fried wontons.

**MAKES 28 BITES** 





1 LB Brussels sprouts olive oil

coconut-canola oil 12 oz paneer

lemon

plain yogurt

s + p

ground coriander ground cumin

mini pita breads

## FRIED PANEER & CARAMELIZED BRUSSELS SPROUTS IN MINI PITAS

#### PREHEAT OVEN 500°F...GET OUT THE FOOD PROCESSOR

1 LB Brussels sprouts 3 TB olive oil

s + p

Remove brussels sprouts stems, cut in half. Grate in a food processor. In a large bowl, toss brussels sprouts in oil, season with s + p. Spread out onto baking pan. Roast for 10 min on the oven's top shelf. Check to make sure it does not burn.

#### **FRY THE PANEER**

coconut-canola oil
12 oz paneer, cut into ¼"
slices

Lightly grease a skillet with oil. Heat over medium-high heat. Add cheese, brown each side, about 1.5 to 2 min apiece. Cut each slice into ¼-inch cubes. Toss with the brussels sprouts.

#### **MAKE THE SAUCE**

% CUP plain yogurt
Juice and zest from ½ lemon
1 tsp ground coriander
1 tsp ground cumin
½ tsp salt
½ tsp black pepper

In a small bowl, mix ingredients together. If you use Greek yogurt, add a little water to thin out the sauce.

#### **PUT IT ALL TOGETHER**

mini pita breads, cut in half

Put a little of the sauce into the cavity, fill with the paneer brussels sprout mixture and top with a little more sauce. Line up on a long platter.

<< BACK

Grating the Brussels sprouts makes it cook faster, and gives you more of the crispy bits. This recipe could also work as a topping on rice or as a side dish.

**MAKES 30 PITAS** 





EV olive oil

garlic

rosemary

sage

salt

black pepper

2 LB lamb chops

cilantro

walnuts

3 jalapeños

small onion

cumin seeds

lime

agave



## **LAMB CHOPS WITH CILANTRO CHUTNEY**

#### MARINATE THE CHOPS

½ CUP EV olive oil

3 cloves garlic, crushed in garlic press

1 ½ TB rosemary, minced

1 tsp sage, minced

1 TB salt

2 tsp black pepper

2 LB lamb chops

Mix marinade ingredients together in a bowl. Pour over chops, marinate for at least one hour.

#### MAKE THE CHUTNEY

2 CUPS cilantro

5 TB walnuts

3 jalapeños, cut into chunks

1 small onion, roughly chopped

½ tsp cumin seeds

juice of ½ lime

1 TB agave

⅓ cup water

½ tsp salt

Combine all the ingredients, blend till smooth.

#### **COOK THE CHOPS**

Preheat broiler. Cook for 4 min on each side. To serve, place a dollop of the chutney all over the end of each chop. Serve with bones sticking out, so they are easy to grab. Have napkins nearby.

<< **BACK** 

Sensational flavors juxtapose in this extraordinary dish. Make sure to buy the best lamb chops you can find. Get the lamb chops from the butcher already Frenched, so that you only need to cut, marinate and grill them.

MAKES 8 CHOPS

